



# Running Club Itinerary



<b>Registration Begins:</b>	<b>Monday 1 February 2010</b>
<b>Registration Ends:</b>	<b>Friday 26 February 2010</b>
<b>Parent/Coach Introduction Night:</b>	<b>1700 Tuesday 2 March 2010</b>

*Introduction night will be conducted at Fryar Stadium*

<b>First day of practice:</b>	<b>Tuesday 2 March 2010</b>
<b>First Race:</b>	<i>Saturday March 27, 2010</i> <i>Nashville, TN</i> <b>Running to Beat the Blues</b>
<b>Second Race:</b>	<i>Sunday April 18, 2010</i> <i>Clarksville, TN</i> <b>Queen City Road Race</b>
<b>Third Race:</b>	<i>Saturday May 15, 2010</i> <i>Hopkinsville, KY</i> <b>Little River Days Run</b>

**Sports Physicals are required for all participants (Physicals must have been conducted within the last year)**

**Parents should make the maximum effort to attend parent/coach introduction night to ensure they receive accurate information on team placement.**

**Parents will receive an information packet at parent/coach introduction night with all information pertinent to the season at that time.**

**Parents are responsible for transportation to and from races.**

**All Race registration fees will be paid for by Youth Sports & Fitness.**

**Contact Numbers:**  
**Youth Sports & Fitness**  
**270-798-3168**  
**270-798-6355**