

Program Manger: Alex Krohn

Family Resource Center (FRC)

1501 William C. Lee Road (just inside Gate 1)
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Websites: www.campbell.army.mil
www.fortcampbellmwr.com/acs/aftb



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ARMY FAMILY TEAM BUILDING 270.798.4800

2012 SCHEDULE

Daytime Classes

9am-3pm

January 2012
Level 1: 9-10
Level 2: 23-25

April 2012
Level 1: 2-3
Level 2: 16-18
Level 3: 30-May 2

February 2012
Level 3: 6-8
Level 1: 21-22

May 2012
Level 1: 14-15

March 2012
Level 2: 5-7
Level 3: 19-21

June 2012
Level 2: 4-6
Level 3: 18-20

Mark Your 2012 Calendar

ISG Spouse Course
March 12-13

Military Spouse Appreciation Week
May 7-11

For class dates and more information please
visit

www.fortcampbellmwr.com/acs/aftb

Class dates are subject to change



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AFTB OFFERS FREE CLASSES TO ...

LEARN

more about the Army

GROW

personally & professionally

DEVELOP

successful leadership skills

MILITARY KNOWLEDGE LEVEL I: Two Day Course

Expectations and Impact of the Mission	Community Resources
Acronyms and Terms	Introduction to Family Readiness Group (FRG)
Chain of Command & Concern	Supporting Your Child's Education
Military Customs	Financial Readiness
Military Benefits	Basic Problem Solving

PERSONAL GROWTH LEVEL II: Three Day Course

Communication	Personal Conflict Management
Personal Time Management	Creative Problem Solving
Stress Management	Traditions, Customs & Courtesies
Acknowledging Change	Crisis Coping and Grieving
Exploring Personality Traits	The Volunteer Experience
Enhancing Personal Relationships	FRGs and the Deployment Cycle
Team Dynamics	Introduction to Leadership

PROFESSIONAL DEVELOPMENT LEVEL III: Three Day Course

Communication Skills for Leaders	Leader Assisted Problem Solving
Understanding Needs	Delegation for Leaders
Leadership Styles	Meeting Management
Building Cohesive Teams	Coaching and Mentoring
Managing Group Conflict	Family Readiness Group Leadership

PROMOTION POINTS

Soldiers can earn up to 4 promotion points for taking AFTB classes. Every 10 hours of instruction equates to 1 promotion point.

If Soldiers are unable to attend classes, they may take the course online at myarmyonesource.com under the eLearning link. Bring the online certificate to our office to receive verification of class completion.

DETAILS

AFTB level classes are held at the Family Resource Center from 9am-3pm. Night Owl classes are held from 5:30pm-8:30pm. Childcare is provided by ACS on site. Please register your children with Child, Youth and School Services (CYSS) or bring your child's shot records. Lunch will be provided for students on graduation day.

CONCEPT BLOCKS

Concept blocks are one to four modules taught individually. They can be chosen from the three levels and are geared to your group's specific needs. Classes can take from one to four hours. These personalized concept blocks are excellent for FRG meetings and professional development.

BRIEFS

Army Family Team Building has a staff that is trained and ready to brief your unit or organization about the many things AFTB has to offer. We can come to your organization and give a 10-30 minute overview of our program. If you would like more information about the program, please call and reserve a briefing time.