

Level 3—Lead

Three day course



3.1 Communication Skills for Leaders

Discusses ways to effectively communicate as a leader. The students will assess their communication skills and determine areas for improvement.

3.2 Understanding Needs

Examines the basic needs of an individual using Maslow's Hierarchy of Needs Theory. The students will further explore the impact of needs on motivation.

3.3 Leadership Styles

Discusses situational leadership. The students will discover their own personal leadership style and learn to evaluate follower needs in order to apply the appropriate leadership style.

3.4 Building Cohesive Teams

Discusses ways in which leaders can build strong and cohesive teams by capitalizing on a positive attitude, understanding their role in the stages of team development, building commitment within the team, and being aware of the characteristics of an effective team.

3.5 Managing group conflict

Defines conflict and the characteristics of conflict within a group. The students will assess their personal approach to conflict and recognize when to apply other conflict management styles in group situations.

3.6 Leader assisted problem solving

Provides leaders with the information to guide groups through the problem solving process.

3.7 Delegation for leaders

Focuses on delegation and illustrates its benefits for both the leader and team member.

3.8 Meeting Management

Outlines the reasons for meetings and how to effectively conduct them. It will further explore implementing the phases of meeting management to organize productive meetings.

3.9 Coaching and mentoring

Explores the roles of a leader as a coach and mentor and how that leader can provide effective feedback.

3.10 Family Readiness Group Leadership

Describes the role of the FRG leader within a unit and the tools and resources needed to start or revive an FRG. Students will discuss the roles and responsibilities of the FRG members, commanders and rear detachment from an FRG leader's perspective.