

Parenting Quick References

Emergency.....	911
Military Police (Non-Emergency).....	270-798-7111/7112
Urgent Care.....	270-798-8511
Lending Closet.....	270-798-6313/798-0513/956-2676
American Red Cross.....	270-798-2171
Army Community Service.....	270-798-9322
Armed Services YMCA.....	270-798-7422
Young Eagle Medical Clinic.....	270-798-4677/270-431-4677
Blue Clinic.....	270-798-8764
BACH Appointment Hotline.....	931-431-4677/270-798-4677
Emergency Room.....	270-798-8000
Child, Youth and School Services.....	270-798-0674
Exceptional Family Member Program.....	270-798-2727
Family Advocacy Program.....	270-412-5500
ID Card Facility/DEERS.....	270-798-4838
Lactation Consultant.....	270-956-0210
Well Baby.....	270-798-8260
Library Fort Campbell.....	270-798-5729
Pharmacy Refill.....	270-798-3784
Poison Control.....	800-288-9999
Schools.....	270-439-1927
TRICARE.....	1-877-TRICARE (874-2273)
Victim Advocate Hotline.....	270-956-3737/270-412-5500
Fort Campbell WIC.....	270-798-4935
Montgomery County WIC.....	931-551-8777
Christian County WIC.....	270-887-4160
OB/GYN.....	270-798-8151
Social Work.....	270-798-8601
Labor and Delivery.....	270-798-8219

- **Expectant Parent Workshop**
3rd Wednesday of every month
0845-1130
Family Resource Center

- **Play Mornings**
Every Thursday (during school year)
0900-1030
3301 Indiane Ave.
Billy C. Colewell Child Development Center



FORT CAMPBELL NEW PARENT SUPPORT PROGRAM

located inside the Family Resource Center
1501 William C. Lee Road

270.798.3850

<http://www.fortcampbellmwr.com/acs/npsp>

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Who Are We?

New Parent Support Program provides supportive and caring services to Military Families with Children birth up to three years of age. Through a variety of voluntary programs, including home visits, classes and groups, the New Parent Support Program helps Families cope with stress, isolation, post deployment reunions and the everyday demands of parenthood.

Who is Eligible for This Program?

Army Families and other military Families expecting a child or with children from birth up to 3 years of age are eligible to participate free of charge in all of the services offered.

How Do We Enroll?

It's easy as dialing your phone. Just give us a call during regular business ours, or visit us on our website.

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Client Services

- Home Visits
- Play Mornings
- Classes
- Support Groups
- Referrals

Why Get Involved?

- To become more confident as a parent
- To understand the ages and stages of your child's development in order to make wise choices
- To develop a support system
- To reduce stress
- To improve communication between you and your Spouse
- To learn why kids do what they do
- To develop common ground with your Spouse in the area of parenting
- To improve your relationship with your children
- To develop new friendships
- To make parenting fun
- To be a better parent to your children
- To feel more at home in the military community

What If We're Not New Parents?

Even if you've been raising your Family for a few years, new ages and stages bring different challenges.

The New Parent Support Program offers you the opportunity to express your concerns and ask questions about children from birth to 3 years of age.

When Will You Visit Our Home?

Home visits are arranged, whenever possible, at your convenience. Families can schedule visits so that both parents can be present to learn about being a parent and acquiring new skills in caring for a growing Family.

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